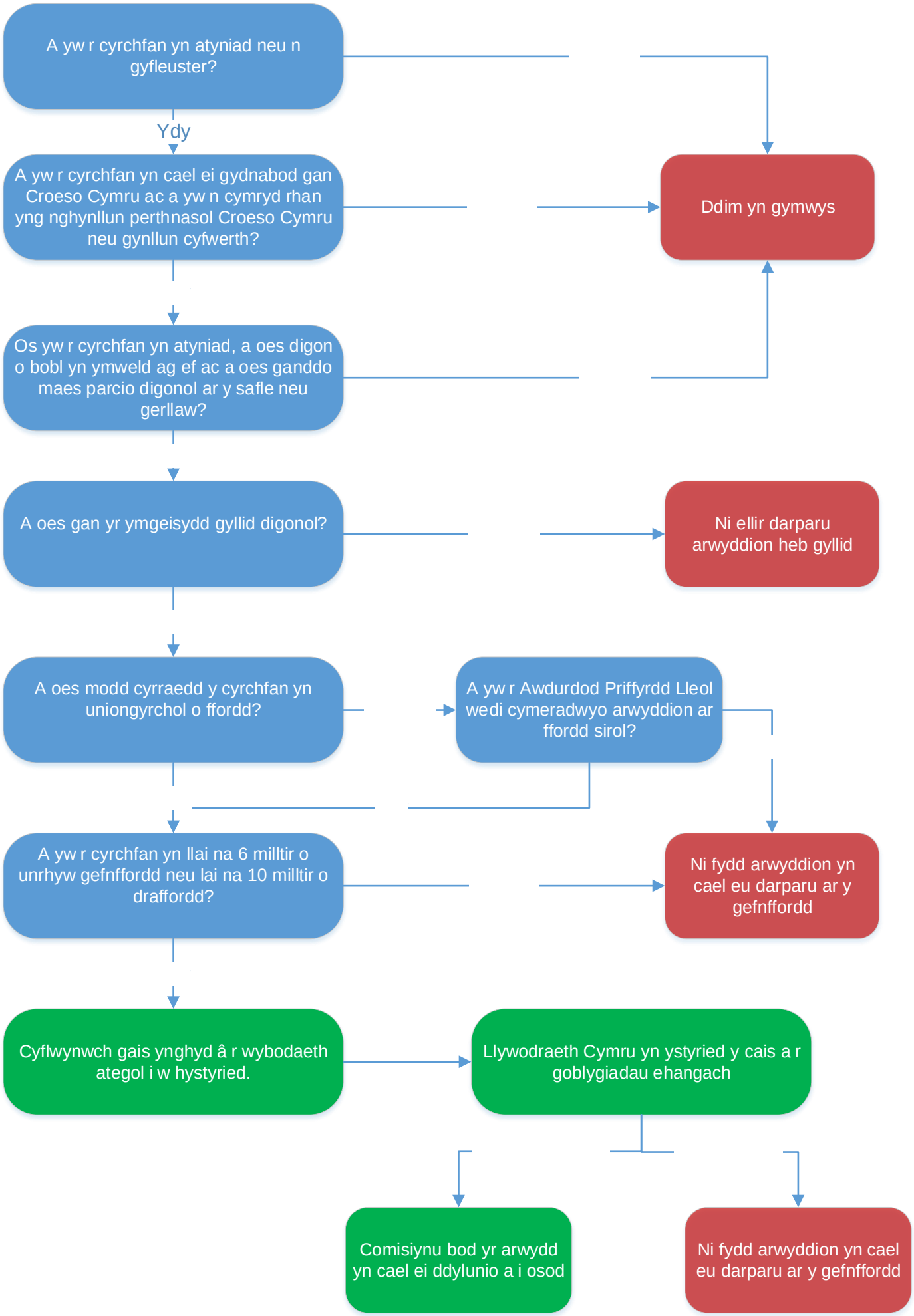Arwyddion Brown a Gwyn